



Shake it!

The official newsletter of the UoW
Dance Club

Welcome to the first
EVER Dance Club
newsletter SHAKE IT!

Inside:

- More photos
 - Class updates
 - Committee info
- And more!



Edited by: Rebecca Dean

**First Week of Class Goes
Off!**

You can dance anywhere, even if only in your heart." ~Unknown

Message from the President

Hi Dance Clubbers,

We're off to such a great start to 2007! With almost 100 members so far, our classes are full of energy, yet there's still plenty of room for more to join in. In past years we've claimed the title of biggest club at Wollongong University; with your help we can do it again. Tell your class mates about Dance Club, wear your DC gear around campus, and 'bust out' no matter where you are!

I'm confident that this year will be the most successful and exciting year for Dance Club ever. Our mission for 2007 is that Dance Club will be conducted with the same spirit in which it was established. As a fun, rewarding, inexpensive experience for students who love to dance.

Let's get the word out there, get involved, and get dancing!

Love Mandy xxx



UoW Dance Club - Our Mission

We are a friendly and non-competitive club with the aim of providing the space for the creative expression and general awesomeness that is dancing! We aim to help all of our members feel welcome, involved, and energized. All of our teachers and organizers are volunteers who do it because they love the club and they love to dance!

Latin

20 plus dancers attended the first Latin class of the year, including 5 guys! Teacher **Alex** says "In the first class I showed some steps that are used in Salsa. First we practiced the steps by ourselves and then with a partner.

"The second class I taught another style 'Merengue'. It is easier than salsa but funnier."

Alex learnt many latin style dances living in Mexico and wants to teach her class that Latin means more than just Salsa!



Modern Jazz

Teacher **Sofia** covered a lot of ground in her first classes, but everyone kept up really well! Modern Jazz is a popular class because it is made up of simple, but effective movements as well as some styley turns and leaps. And if all that is beyond you, no worries, because Sofia has been teaching people to dance for years! See the next newsletter for some pictures!

Breakdancing

Week one's break dancing class was a laidback one, which gave the class plenty of opportunity to practice their new found skills in a friendly environment. Most of the class were beginners, but teachers Jesse and Koby soon had us doing cartwheels and stalls, and other crazy things!

Jesse says "The break class is very fun and relaxed, I'm loving the shared energy and enthusiasm. Everyone is trying new things and they all seem to be getting it. "



Cheerleading

Give us a D! Our fabulous DC president **Mandy** teaches the cheerleading class every Wednesday at 3.30. Mandy is a cheer-tator from way back who is currently dancing with the Wollongong Wildcats. Cheerleading is about sharp, snappy motions, a positive attitude, and lots of hip shaking and body rolls. And there may be pompons! Check out the next newsletter for some hot pics!



Hiphop

Who says you have to do a hip hop dance to a hip hop song? Teacher **Kira** has body rolled outside of the square and choreographed an energetic routine to a dance song everyone will recognize! If you've seen the American reality show 'So you think you can dance!' you'll know that Hip hop is all about the 'pop' - and there is plenty of that in this routine! Kira's class is made of both experienced hip hop enthusiasts and first timers. Mad!



Funk

"The Funk(y) guys and girls are a great bunch of people to work with and I enjoy having them in my class. We are performing to two songs, which I have cut up and combined together which are Perfect Exceeder and Sex Shooter. We've progressed pretty well, but if there are still people out there who want to join the Funk class, come along! There will be plenty of opportunity to catch up and revise the dance. See you at 11:30 Thursdays! Xoxo"
From Diane

Dance is your pulse, your heartbeat, your breathing. It's the rhythm of your life. It's the expression in time and movement, in happiness, joy, sadness and envy." ~Jaques D'ambroise



Bollywood

Dance club is proud to announce that 2007 is the first year that it is offering the Indian style 'Bollywood! Teacher **Niru** says "The Bollywood class is fantastic! Not only did we have a red bull representative show up at our first class to help us through the rest of the day, but we've managed to move so quickly through our routine that we might even have two songs by the end of semester! Well done, bollywood girls. Keep practicing!" FYI: There are no guys in the class at present, but they are more than welcome!

Intro Dance

Intro dance is designed for people who may not have any dance background at all, but want to learn how to look hot both on stage and in the clubs! Teacher **Sisi** says "my class is awesome, we are doing intro dance in JFH* style, its easy and fun - everyone loves it! Plus at the end of the class we'll do some cool club moves, go crazy and have fun! ☺"

*(Jazz Funk Hiphop)

Intro Hiphop

"Hey its **Gracie** here!! I'm this semester's intro hip hop teacher *waves* Its been fully hectic but I'm guessing everyone is enjoying themselves what with randomness of monsters, genies and snakes, (don't worry people in my class will get that joke). This class is a mixture of everything to please everyone, from absolute beginners to the pros, to the boys and the girls. I want to continue making my class as fun as possible, because that's what dance club is about, not who can do best but the fun and the friends you make whilst here!!"



DANCE CLUB MERCHANDISE



Caps, singlets, shirts, drink bottles.... More styles available too



Reasons why you should get yourself a piece of Dance Club merchandise:

1. Girls: Can you ever have too many sexy singlets?
2. Guys: Don't you need another shirt?
3. It's getting colder, so why not buy 10 and wear them all at once?
4. Great way to promote the club and show off to your friends
5. Good souvenir for overseas students - all your friends back home will be jealous!
6. Great conversation starter as people ask you about the DC
7. Means you don't have to sweat all over your nice clothes at dance classes
8. They make good pajamas too!
9. Heaps cheaper than other stuff.

We will have merchandise for sale in upcoming classes, so watch this space! Or, if you can't wait, email Rebecca on rgd848@uow.edu.au

Dance Club Hits the Town!

The first Dance Club social event of the year was held in week two at the Brewery. It was a chance for old members to catch up, new members to meet the club, and for everyone to show off the new moves they learnt over summer!



Dance club holds regular social events throughout the year, and all members and their friends are welcome. It's a great way to get know the other members of the club more, and generally a fab night out! We'll keep you posted.



DC Committee Information

Be involved in the running of your club!
The UoW dance club is run by an executive committee that is elected each year.
The exec for 2007 are:

Amanda Kelly - President
Diane Ryder - Vice President
Rebecca Dean - Secretary
Grace Tin - Treasurer

But we need your help too!

All DC members are welcome to attend committee meetings, to vote on key decisions (like where the next social activity is!) and to give ideas about how to make the Dance Club even more fabulous.

The next committee meeting is

Wed 4 April at 11:30

(Venue to be arranged). Check your emails for reminders.



Are you looking for experience in fundraising, sponsorship, or event management? Come along to the next committee meeting and tell us your ideas. Getting involved in making dance club awesome is a great 'real world' experience to add to your resume!

Our NEW AUTUMN 07 TIMETABLE is:

Monday 11:30	Latin Dance	with Alex
Monday 1:30	Hip Hop	with Kira
Monday 2:30	Break Dance	with Jesse
Tuesday 11:30	Bollywood	with Niru
Tuesday 3:30	Modern Jazz	with Sofia
Wednesday 1:30	Intro Dance	with Sisi
Wednesday 3:30	Cheerleading	with Mandy
Thursday 11:30	Funk	with Diane
Thursday 1:30	Intro Hip Hop	with Grace

Guess what... Dance Club has its own hot pink MySpace page!!

Check it out at http://www.myspace.com/uow_dance_club

Add DC to your friends, gossip with other dancers and share DC photos!

We have 101 friends and counting...