



UOW

BOOTCAMP

FITNESS FUN MOTIVATION

*Early Bird
Special offer
10% off before
September 10th*

**4 WEEK BOOTCAMP
STARTS 26th SEPTEMBER**

**\$165 URAC MEMBERS
\$190 NON - MEMBERS**

**Monday, Wednesday and Friday
6:30am UOW CAMPUS**
Male & Female, all fitness levels welcome

**CONTACT JOHNNY MILLER - jmiller@uow.edu.au
or PHONE 4221 4852 to enrol**

VISIT www.urac.com.au for more information

FITNESS FUN
MOTIVATION



RECREATION | SPORT | LEISURE