

## URAC Health and Fitness Positions Available 2012

### Senior Health and Fitness Instructor (Permanent Part-time 20hrs per/wk)

#### Essential qualifications:

Certificate 4 in Fitness, Current First Aid, Current Fitness Australia registration

#### Desirable:

Group Exercise instruction qualifications and experience, 2yrs experience in fitness industry/customer service

#### Core Hours

Monday	Tuesday	Wednesday	Thursday	Sunday
5-9pm	5-9pm	5-9pm	5-9pm	9-1pm

The Senior Health and Fitness Instructor is responsible for meeting the needs of our members and guests of URAC through delivery of specialized health and fitness services and superior customer service.

Specific tasks of the Senior Health and Fitness Instructor include the supervision of the weights, cardio and stretching room. Engagement and interaction with all members is a priority as is ensuring members are exercising safely and effectively. Exercise programming, Fitness testing, and Exercise Screening are essential technical tasks performed.

Working with other permanent H&F staff in designing and delivering quality programs to members and ensuring evaluations are conducted on completion of the program.

The position requires a positive role model for casual staff by setting a standard of excellence in customer service and member engagement and will be assisting in the training and development of casual staff.

Please state PERMHF when applying for this position. Email all applications to [seanm@uow.edu.au](mailto:seanm@uow.edu.au) or attention Health and Fitness Manager if posting and/or delivering in person.

### Casual Health and Fitness instructors (2 positions available)

#### Essential qualifications:

Minimum Certificate 3 Fitness; Current First Aid and Current Fitness Australia registration

The Health and Fitness Instructor is responsible for supervising and attending to the members and customers in the URAC and iC health Club. Responsibilities include conducting tours and First Visits; cleaning and maintenance of equipment; ensuring patrons are exercising safely and correctly; conducting health and fitness appraisals and programs and providing excellent customer service.

Please state CASHF when applying for this position. Email all applications to [seanm@uow.edu.au](mailto:seanm@uow.edu.au) or attention Health and Fitness Manager if posting and/or delivering in person.

### **Expressions of Interest for contracted Personal Trainers**

URAC is looking for established and experienced Trainers to provide personal training services to our current and future members from January 2012. The successful candidates will grow and develop their own business within the URAC facility, having access to our fully-equipped Health Club, 50m outdoor heated pool and surrounding sporting grounds. The successful Trainer/s will have access to marketing opportunities within the Club, via e-newsletters, URAC website, in-house advertising as well as UOW Campus Advertising to over 20,000 students and 2000 UOW staff. This contract is subject to a monthly rental agreement.

Please contact Claire Rayner directly on 4221 5336 or [clairef@uow.edu.au](mailto:clairef@uow.edu.au) to organize an appointment and/or further information.

*If you would like to see the full job descriptions for the above please view online at our website [www.urac.com.au](http://www.urac.com.au)*

***ALL APPLICATIONS CLOSE TUESDAY 29TH NOVEMBER 2011***