

EARLY BIRD:  
10% OFF BEFORE  
FRIDAY 17th FEBRUARY



WANT TO  
WORK OUT IN A  
GIRLS ONLY  
ENVIRONMENT?

CONNECT:  
GIRLS ONLY  
OUTDOOR CHALLENGE

## Four Week **Girls Only** Challenge!

If you want results, if you want something different, if you're ready to work hard, if you're ready to have fun and try something new:

Then this **Girls Only Outdoor Challenge** is for you!

STARTS 5th MARCH

**\$165**

Members & Students

**\$190**

Non-members

- Mon, Wed, Fri mornings at 6:45am
- NOW ON CAMPUS
- All fitness levels welcome
- Qualified and inspirational trainers

For all enquires please email [clairef@uow.edu.au](mailto:clairef@uow.edu.au) or contact the Health Club on **4221 4852**

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Sign up at  
Reception TODAY!

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WOLLONGONG  
RECREATION &  
AQUATIC CENTRE

